Detail of syllabus for Mains exam (Descriptive type) and reference books

| Name of post       | Syllabus for descriptive exam              | Reference Books          |
|--------------------|--|--------------------------|
| Clinical Registrar | Ayurvedic Clinical Specialties related     | 1. Reference books       |
| (Kayachikitsa)     | knowledge : (40 Marks)                     | suggested by NCISM/      |
|                    | - Kayachikitsa (As per syllabus of         | CCIM for concerned       |
|                    | preliminary exam)                          | post graduate            |
|                    |  | specialty or subject     |
|                    | Research Methodology in Ayurveda: (10      | and Research             |
|                    | Marks)                                     | Methodology and          |
|                    | - Principles and methods of Ayurvedic      | Biostatistics            |
|                    | research                                   | 2. Integrative           |
|                    | - Literature review and research design in | Approaches for           |
|                    | Ayurveda                                   | Health: Biomedical       |
|                    | - Data collection and analysis in          | Research, Ayurveda       |
|                    | Ayurvedic research                         | and Yoga By Bhushan      |
|                    | - Ethical considerations in Ayurvedic      | Patwardhan, Gururaj      |
|                    | research                                   | Mutalik, Girish Tillu.   |
|                    | - Research publications and scientific     | Academic Press.          |
|                    | writing in Ayurveda                        | 3. Integrative Medicine: |
|                    |  | Principles for           |
|                    | Integration of Modern Medicine and         | Practice. Benjamin       |
|                    | Ayurveda: (10 Marks)                       | Kligler, Roberta Anne    |
|                    | - Understanding the principles of          | Lee. McGraw Hill         |
|                    | integrative medicine                       | Professional             |
|                    | - Collaborative approach in patient care   | 4. Integrative Medicine  |
|                    | - Evidence-based integration of Ayurveda   | E-Book. David Rakel.     |
|                    | and modern medicine                        | Elsevier Health          |
|                    | - Ayurvedic management in the context of   | Science.                 |
|                    | modern healthcare                          | 5. Hospital              |
|                    |  | Administration and       |
|                    | Ayurvedic Case Studies and Presentations:  | Human Resource           |
|                    | - Analyzing and presenting Ayurvedic       | Management By            |
|                    | case studies                               | Sharma, D. K., Goyal,    |
|                    | - Application of Ayurvedic principles in   | R.C. PhI Learning Pvt.   |
|                    | clinical scenarios                         | Ltd. Delhi.              |
|                    | - Case discussions and problem-solving     | 6. Hospital Management   |
|                    | exercises                                  | and Emergency            |
|                    | - Developing treatment plans based on      | Medicine:                |
|                    | Ayurvedic principles                       | Breakthroughs in         |
|                    | _  | Research and             |
|                    | Hospital Management and                    | Practice. Edited by      |
|                    | Administration: (10 Marks)                 | Management               |
|                    | - Healthcare management principles and     | Association,             |
|                    | practices                                  | Information              |
|                    | - Hospital operations and administration   | Resources. IGI Global.   |

- Healthcare policy and regulations
- Quality management in healthcare
- Financial management and budgeting in healthcare organizations
- Human resource management in healthcare settings

## **Emergency Handling and Disaster Management: (10 Marks)**

- Emergency preparedness and response in healthcare settings
- Triage and prioritization in emergency situations
  - Basic life support (BLS) and first aid
- Disaster management principles and protocols
- Crisis communication and coordination during emergencies

## Accreditation and Quality Standards: (10 Marks)

- National Accreditation Board for Hospitals and Healthcare Providers (NABH)
- Understanding NABH accreditation standards and processes
- Quality improvement programs in healthcare
- Patient safety and infection control measures
- Compliance with regulatory requirements

## Professional Ethics and Communication Skills: (10 Marks)

- Ethical considerations in Ayurvedic practice
- Patient counseling and communication skills
- Inter-professional collaboration and teamwork
- Professional conduct and responsibilities of a clinical registrar

- 7. Evidence-Based Practice for Public Health Emergency **Preparedness** Response By National Academies Sciences, Engineering, and Medicine, Health Medicine and Division, Board on Population Health and Public Health Practice. Board on Health Sciences Policy, Committee on Evidence-Based Practices for Public Health Emergency Preparedness and Response. National Academies Press.
- 8. Medical Ethics, Law and Communication at a Glance, Edited by Patrick Davey, Anna Rathmell, Michael Dunn, Charles Foster, Helen Salisbury. Wiley Blackwell.
- 9. Effective
  Communication and
  Soft Skills edited by
  Nitin Bhatnagar and
  Mamata Bhatanagar.
  Pearson Education
  India.
- 10.Effective
  Communication Skills
  for Health
  Professionals By
  Philip Burnard.
- 11.Effective Communication Skills By R.S. Salaria, Kul

Springer.

Bhushun Kumar. Publishing Khanna House. 12.0fficial websites of: Ministry of Ayush, Government of India Ministry of health and family welfare, Government India. ➤ CCRAS > World Health Organization (WHO) National Institute of Ayurveda, Deemed to be University, Jaipur National Accreditation Board for Hospitals and Healthcare Providers (NABH) University Grant Commission (UGC) **Note:** Applicants are advised to go through the topics of the syllabus carefully. **Books** mentioned here are just for reference and mere mention of any of these doesn't mean that questions will be asked from these books only.